

Waiver of Liability for Yoga Class at Portage Northern High School

I, _____ hereby agree to the following:

I am aware that participation in a sport or Yoga may result in accident or injury, and I assume the risk connected with the participation in a sport or Yoga and that I am in good health and suffer from NO physical impairment which would limit my participation in yoga or use of Portage Northern facilities. I acknowledge that Portage Northern, and Marjorie Stinson have not and will not render any medical services including medical diagnosis of my physical condition. If I experience any pain or discomfort, I will listen to my body, adjust the posture and ask for support from the teacher.

I specifically agree that Marjorie Stinson, Portage Northern, it's officers, employees and agents shall not be liable for any claim, demand, cause of action of any kind resulting from or related to my use of the facilities or participation in any sport, exercise or activity within or without the school premises, and I agree to hold Portage Northern, and Marjorie Stinson harmless from same.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to terms and conditions stated above.

REGISTRANT'S SIGNATURE: _____ DATE: _____

If registrant is under 18 a legal guardian's authorization is required:

AS LEGAL GUARDIAN OF _____

I CONSENT TO THE ABOVE TERMS AND CONDITIONS.

GUARDIAN'S SIGNATURE: _____ DATE: _____

WITNESS SIGNATURE: _____ DATE: _____

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